

# Pierz Healy High School

## Activity Manual

### 2023-2024



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***Introduction***.....

Programs are the foundation upon which to build, but advisors (i.e. coaches, directors) are the critical variable that determine whether desirable student outcomes will be achieved through student’s activities. The students in the Pierz Healy High School District are extremely fortunate to be the beneficiaries of a variety of student activities under the leadership of experienced, skilled and dedicated advisors. The sections of this book are not only directed at athletics, but for all activities that are offered by the district. **Please use this book as a means of direction as well as reference tool for students, parents and coaches throughout the school year. Reminder, to observe all rules and regulations in the Pierz Healy High School Student Handbook as well.**

**PARTICIPANTS AND PARENTS:**

The primary purpose of education is to develop successful adults. While academic pursuits are essential in providing the necessary foundation, a variety of learning experiences enhance the probability of adult success. In fact, research indicates that successful participation in student activities is a valid predictor of adult success in career and community.

The Positive Relationship between activity participation and adult success may be related to several factors:

1. Activity participants are generally highly motivated due to special interests and talents. 2. Activities are characterized by close relationships between participants and their advisors, coaches and directors.
3. Student Activities are “Laboratories for Success” because they offer relevant and authentic learning experiences.
4. Activity participation is positively correlated with developmental goals such as higher self-esteem, improved academic ability and grades, increased social and political activism, lower delinquency rates, higher education aspirations and increased feelings of control.
5. Activities are FUN!!!

Pierz Healy High School attempts to satisfy the needs of all students by offering a balanced program of Student Activities:

1. Student Council
2. Interscholastic Sports
3. Instrumental and Vocal Music
4. Drama
5. Numerous Academic and interest Clubs and Organizations

We **STRONGLY** encourage **EVERY STUDENT** to become fully involved at Pierz Healy High School by participating and/or supporting student activities. As you can see we have a variety of activities so if one doesn't interest/or work out for a student try another. **GET INVOLVED!!!**

David Rocheleau

Activities Director, Pierz Healy High School District

# *Philosophy and Objectives.....*

## **ACTIVITIES STATEMENT OF PHILOSOPHY**

In developing a successful Activities Program, it is paramount that consistency and cohesiveness be evident in every aspect of activities. It will be the responsibility of the Activities Program in the Pierz Healy High School District to motivate and build a total individual through participation in activities.

There are many skills that can be achieved through activities. Among the most valuable contributions of activities are the development of good sportsmanship and group effort, the acceptance of responsibility and commitment, learning to succeed and fail with dignity, as well as the overall education gained through participation and the development of pride in the school and community.

Since the Activities Program is based on competition it is imperative that the will to succeed to be a basic concept which must permeate the entire program. Junior High, C-Squad and Junior Varsity levels of competition are based on establishing and improving skill development as well as participation (participation should be close to equal in Junior High not necessarily equal playing time in C-squad or JV). At the varsity level the objective is competition and striving to win and having the best personnel at that particular time to provide that opportunity. Because of numbers, tryouts may exist for the VARSITY LEVEL in some sports, particularly in the sports of basketball and volleyball if the coach deems it necessary.

The Varsity Head Coach/Advisor is the coordinator for his/her particular sport through the Junior High and High School. If he/she is to have this responsibility, he/she must likewise have the opportunity to provide positive input for total program development. The Head Coach/Advisor is responsible for developing job assignments in cooperation with the Activities Director, program objectives and any other information that is relative to his/her particular program. Program development will be reviewed at the conclusion of a season by the Head Coach/Advisor and Activities Director.

The Varsity Head Coach/Advisor will in turn be consulted as to who will make up the coaching/advising staff at the Junior High School and High School each year.

## OBJECTIVES OF THE ACTIVITIES PROGRAM

The program of student activities will assist each student in:

1. Learning the wise use of leisure time.
2. The constructive use of unique talents and skills.
3. Developing new recreational interests and skills.
4. Developing positive habits that will contribute to a healthy lifestyle. 5.  
Developing leadership and collaborative skills.
6. Developing a work ethic.
7. Developing a positive attitude and increased motivation toward school. 8.  
Increasing their understanding and participation in the democratic process. 9.  
Improve their communication skills.
10. Developing a repertoire of skills-problem solving, decision-making, goal setting, time management, etc. which are marketable.
11. Achieving successes that result in improved self-esteem.

SPECTATORS AT INTERSCHOLASTIC EVENTS TEND TO ONLY FOCUS ON PERFORMANCE OUTCOMES. THE PIERZ COMMUNITIES DESERVE TO BE PROUD OF THE ACCOMPLISHMENTS OF THE PIONEERS IN A WIDE VARIETY OF MSHSL EVENTS, AS WELL AS THE CONSISTENT EXCELLENCE OF NONCOMPETITIVE ACTIVITIES. BUT THE RESULTS THAT REALLY COUNT, POSITIVE STUDENT OUTCOMES, WILL REMAIN CONSTANT, WIN OR LOSE. *MOST IMPORTANTLY THE BENEFITS OF ACTIVITY PARTICIPATION WILL ENDURE AS THE MEMORIES OF A SPECIFIC EVENT FADE OVER THE YEARS.*

***Membership and Affiliation.....***

**MINNESOTA STATE HIGH SCHOOL LEAGUE**

The State of Minnesota authorizes schools to delegate control, supervision and regulations of any and all high school interscholastic activities to a high school activities association. Minnesota school districts jointly and cooperatively, created and developed a voluntary nonprofit association for the advancement of interscholastic activities. The purpose of the Minnesota State High School League (MSHSL) is to direct and coordinate interscholastic activities that are conducted by member high schools. The MSHSL sanctions and regulates activity programs for athletics, music, publications, speech and student council through a Board of Directors and an executive staff. Each article of the constitution and bylaw, rule and regulation of the MSHSL, however, was ratified by member schools.

When a high school elects to become a member school, it adopts the MSHSL rules as its own rules. The activities director is Pierz Healy High School's official representative to the MSHSL and is responsible to the Association for the administration and supervision of the entire activities program. To ensure compliance, each high school activity director should become and remain knowledgeable of the contents of the MSHSL Rules and Administration Handbook. A copy of the handbook is available in the activity director's office at the high school. It is also online at [www.mshsl.org](http://www.mshsl.org) and go to handbook/bylaws. Program heads are supplied with copies of the section that governs their particular activity as well as sections on general topics such as student eligibility, contest regulations, and regular and out-of-season rules so that they are prepared to supervise their program.

### **GRANITE RIDGE CONFERENCE**

Pierz Healy High School is also a member of the Granite Ridge Conference with other high schools: Albany High School, Foley, Little Falls, Milaca, Mora, St. Cloud Cathedral, and Zimmerman. Member schools participate in a variety of different sports for both boys and girls.

*Activities Staff .....*

**FALL SPORTS****WINTER SPORTS****SPRING SPORTS****Football**

Dan Saehr	Head Coach
Corey Egan	Volunteer
Dave Rocheleau	Asst. Varsity
	Asst. Varsity
Andy Leidenfrost	Asst. Varsity
Jason Bakke	Asst. Varsity(Club)
Micheal Leidenfrost	Asst. Varsity
Pat Watercott (7th)	JH Coach
Jeremy Monson (8th)	JH Coach
Skip Toops (7th)	Assist JH Coach
TJ Hoheisel (8th)	Assist JH Coach
Mason Zajac -if #'s	Assist JH Coach

**Volleyball**

Beth Fischer	Head Coach
Billie Jo Kimman	Varsity Asst.
Stephanie Andres	JV Coach
Haley Scheldorf	JV2 Coach
Bridget Bednar	C Squad
	8th Grade
	8th Grade
Tiffanie Luschen	7th Grade
Amber Swarhout	7th Grade

**Tennis**

Matt Poepping	Head Coach
Hailey Sahlstrom	Asst. Varsity
Becky Herman	JV Coach
Katelyn Smude	JH Coach

**Cross Country**

Scott Herold	Head Coach
Dustin Betsinger	Assist Coach
Kelly Sauer	JH Coach

**Boys Basketball**

Joe Kahl	Head Coach
Dylan Pittman	Asst. Varsity
Andy Leidenfrost	JV Coach
Marcus Artner	C Squad
Kyle Hastings	8th Coach
Tony Scheel	7th Coach

**Girls Basketball**

Matt Poepping	Head Coach
Scott Herold	Asst. Varsity
Becky Herman	JV Coach
Jeremy Monson	C-Squad
Amber Swarhout	8th Grade
Noah Boser	7th Grade

**Wrestling**

Skip Toops	Head Coach
Jesse Zajac	Asst. Varsity
Driston Schyma	Assistant
Jim Andres	JH Coach
Torin Mann	JH Assistant
Jacob Andres	Assistant (Club)
Russ Holland	Assistant
Sabrina Becker	Girl's Head Coach

**Dance**

Jackie Lashinski	Head Coach
Andrea Wipper	Asst. Coach
Brekanda Lashinski	JV/JH Coach

**Track**

Rich Teske	Co-Head Coach
Bridget Bednar	Co-Head Coach
Scott Herold	Varsity Asst.
Dustin Betsinger	Varsity Asst.
Jayden Smieja	Varsity Asst.
Kelly Sauer	JH Coach
Jennifer McNelly	JH Coach
Rachel Allen	Floater (Volunteer)

**Baseball**

Dylan Pittman	Head Coach
Marcus Artner	Asst. Varsity
Andy Leidenfrost	JV Coach
Zach Kummet	C Squad
Noah Boser	Floater (Club)
Kyle Hastings	JH Coach
Mike Poser	JH Coach
David Fischer	JH Coach
Mike Nezerka	JH Coach

**Softball**

Matt Poepping	Head Coach
Jason Sadlovsky	Asst. Varsity
Kelly Gangl	JV Coach
Haley Scheldorf	C-Squad
Rachel Przybilla	7th Grade
Melissa Barzdis	8th Grade
Jasmine Jensen	Floater (Volunteer)

**Golf**

Jessica LeBlanc	Head Girls
Joel Pohland	Head Boys
Katie LeBlanc	JV/JH Coach
Cara Herold	JV/JH Coach

**ACTIVITIES**

Clay Target (M + W)	Paul Kuske, Tom Schutta, Katie Smith
Pep Band	Joel Pohland
Jazz Band	Joel Pohland
Musical	Stephanie Otremba + Kim Jones
Play	Kim Jones
FFA	Patricia Tax
BPA	Dave Rocheleau
MHS	Jaime Strohmeier
Robotics	Brian Kahl
JR Knowledge Bowl	Derrick Paulson
Sr Knowledge Bowl	Derrick Paulson
Speech	Jennifer McNelly

**Student Council**

Kara Patrick

**JH Student Council**

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**Technology Club**

Roxanne Welle

**Art Club**

Jayne Hotaling

**Light/Sound**

Joel Pohland

**Elem Musical**

Audrey Aspen

**Choir**

Stephanie Otremba

**Spanish Club**

Sabrina Becker

**Prom**

Kara Patrick

**Peer Helpers**

Marilyn Keith

**Weight Rm Supervisor**

Multiple

**YearBook**

Billie Jo Kimman

***Eligibility Rules.....*****PRESEASON RESPONSIBILITIES**

It is the responsibility of the activity participant and the parent to make sure that the following is completed before the student participates in ATHLETICS at Pierz Healy High School.

1. The student must have a **physical examination completed before the beginning of the activity**. A copy of the exam must be on file in the high school activities office. If a student does not have a physical, he/she will NOT BE ALLOWED TO PRACTICE. A physical is required once every 3 years.
2. The student must have his/her FEE PAID before he/she can participate. Fees are \$70 for the first two sports and \$20 for the third for students in 9-12 grade. \$40 for the first two sports and free for the third for students in 6-8 grade. There will be **no** activity bus for this year.
- 3 The student must have the PARENT PERMISSION FORM completed, signed and on file in the activities office. This form includes vital information, such as medical consent, insurance carrier, activity transportation approval, participant's pledge, medical history, and emergency contacts if needed. If this form is not on file in the activities office, the student WILL NOT BE ALLOWED TO PRACTICE. A parent permission form is required every year.
4. The student and at least one (1) parent are required to view the online all sport meeting to be informed of rules and regulations that govern the activities program. The student and one (1) parent or a designated representative will be responsible to read the Pierz Healy High School Activity Manual and Student Handbook and agree to comply with all rules and policies contained therein.

### **PIERZ HEALY HIGH SCHOOL ACADEMIC ELIGIBILITY**

The primary function of educational institutions is to help students achieve success in the classroom through the student's education. A major component of student success is the acceptance of responsibility for their own learning through commitment and dedication towards academics. As a student participant, academic eligibility is of utmost importance in order to maintain the privilege of being involved in extracurricular activities.

For students to be eligible for activities at Pierz Healy High School, the following criteria must be followed. This applies to students in Grades 7-12:

To be eligible to participate in extracurricular activities at Pierz Healy High School students must pass **all** classes. Grade checks will be made on the dates coinciding with the academic performance reports. If a student is not passing all classes at this time, he/she will be ineligible for contests for one week (Monday – Saturday) and will not be eligible again until they are passing all their classes. Checks will be made on a weekly basis (every Friday or the last day of the school week) for the ineligible person to regain eligibility.

## 2023-24 Grading Check Points

Check Point 1 – October 5

Check Point 2 – November 22

Check Point 3 – January 25

Check Point 4 – March 7

Check Point 5 – April 18

Check Point 6 – May 31

## *Training Rules.....*

### **PIERZ HEALY EXTRA-CURRICULAR ACTIVITY TRAINING RULES**

#### **Philosophy and Purpose**

The Pierz School District recognizes the use of mood-altering chemicals as a significant health problem for many adolescents resulting in negative effects on behavior, learning and the total development of each individual. The use of mood-altering chemicals for some adolescents affects extracurricular participation and development of related skills. Others are affected by the abuse of family, team members or other significant persons in their lives. The close contact in Pierz School District activities of advisors and coaches provides them with a unique opportunity to observe, confront and assist young people. Pierz School District supports education and awareness training in adolescent chemical use programs. All Athletic programs are governed by the MSHSL and their rules and policies.

#### **Statement of Purpose**

1. To provide consistency with the Pierz Healy High school co-curricular activities program philosophy: “That provides opportunities and experiences that make a contribution to the general growth and development of each supporting community.”
2. To emphasize the school’s concerns for the health of students in areas of safety while participating in activities and the long-term physical and emotional effects of chemical use on their health.
3. To promote equity and a sense of order and discipline among students.

4. To conform to and support existing state laws which restrict the use of such mood-altering chemicals.
5. To establish standards of conduct for those students who are leaders and standard-bearers among their peers.
6. To assist students who desire to resist peer pressure which directs them toward the use of mood-altering chemicals.
7. To assist students who should be referred for assistance or evaluation regarding their use of mood-altering chemicals.

### **Fine Arts, Clubs, and Organizations.**

#### **Student discipline for use of Alcohol, Tobacco, and Drugs.**

- a. First Violation: After the confirmation of the first violation, the student shall lose eligibility for the next public appearance or scheduled event which the student is a participant if the student has not already served the penalty in a MSHSL event. (Note: Students involved in band performances, musicals, and plays will be disciplined by the Activities Director on a case by case format). The violation is confirmed when the Instructor and/or Activities Director has informed the student that he/she has violated a MSHSL bylaw and is now under penalty.
- b. Second Violation: After the confirmation of the second violation, the student shall lose eligibility for the next two public appearances or scheduled events which the student is a participant if the student has not already served the penalty in a MSHSL event. (Note: Students involved in band performances, musicals, and plays will be disciplined by the Activities Director on case by case format). The violation is confirmed when the Instructor and/or Activities Director has informed the student that he/she has violated a MSHSL bylaw and is now under penalty.
- c. Third Violation: After the confirmation of the third violation, the student shall lose eligibility for the next three public appearances or scheduled events which the student is a participant, or the remainder of the school year, whichever is greater if the student has not already served the penalty in a MSHSL event.

(Note: Students involved in band performances, musicals, and plays will be disciplined by the Activities Director on a case by case format). The violation is confirmed when the Instructor and/or Activities Director has informed the student that he/she has violated a MSHSL bylaw and is now under penalty.

d. Guidelines and Clarification:

1. Violations and penalties apply to each activity in which the student participates.
2. All disciplinary actions may be appealed to the Superintendent of Schools.
3. Offenses are cumulative over the high school career.
4. The School Administrator reserves the right to review each situation on a case-by-case basis.
5. When serving a suspension, a student must complete the season. The student athlete must finish the season for the suspension to be recognized.  
Suspensions  
will be carried over from one sport to the next sport season if the entire suspension has not been served.

\*Note: If a student serves his/her penalty in a non-MSHSL event he/she will still have to serve that penalty in their next MSHSL event to meet the requirements of the MSHSL.

### ***Team Selection and***

### ***Participation..... PARTICIPANT***

#### **SELECTION**

There are activities where it may be necessary due to restrictions on team, group, and/or ensemble size to put limitations on participant numbers. In these instances, the following guidelines shall be used:

1. The selection procedures to be used should be clearly explained to students/participants and parents. This may be done by notices to parents or better still, a parental meeting at the beginning of the season.
2. The qualities sought in personnel should be clearly defined:
  - A. Skill levels necessary to the activity
    - a. Mental attitude
    - b. Receptive instructional attitude

- c. Work habits
- d. Attendance and past experience

### **ELEVATING ACTIVITY PARTICIPATION**

1. A Student Advancement in Participation form must be signed when a student in 7<sup>th</sup> or 8<sup>th</sup> grade is being considered for elevation to any level of high school participation or competition (except Wrestling, Cross Country, Track + Field, and Golf). The form must be signed by the student, parent, coach, principal, and activities director or the student will not be allowed to advance.

### ***Lettering and Awards*.....**

#### **LETTERING**

1. All awards will be recommended by the head coaches/advisor to the activities director.
2. Coaches/advisors may letter deserving students/participants who have not fulfilled their requirements, but deserve to wear the “P”. Regular, conscientious attendance at practice or injury/illness that prevent participation are among criteria to be considered even though failing to meet the listed requirements as established by the coaches/advisors, explained to the student/participants and on file in the activity director’s office. Only varsity level students/participants can earn a “P”.
3. A student/participant may receive only one letter from the school; subsequent awards will be recognized by certificates and pins reflecting the sport/activities in which the student has lettered.
4. **Dismissal from or quitting an activity forfeits receiving the “P” and all other honors or recognition.**
5. Students may only receive their letter after all school issued uniforms and equipment have been turned in to the head coach/advisor.

#### **ATHLETIC AWARDS**

Athletes must complete the season in “good standing” in order to either be eligible for any award or to earn special awards. An Athlete who has to serve a MSHSL violation during his/her season is not eligible for all-conference or post season awards besides team awards in that season. Athletes are not eligible to be a captain when they have a violation for one calendar year from when the activities director notifies them of the violation. If either a hardship case or special situation arises that warrant consideration of whether or not an athlete should or should not

receive an award, the head coach and/or staff will make a recommendation to the activities director for a final decision.

Each athlete will receive a varsity letter when they first meet the requirements to letter in any VARSITY SPORT. Corresponding letter will be represented by the student receiving a pin, which reflects the sport in which he/she lettered. The student may only receive this pin at the end of season awards banquet.

### **ACTIVITY AWARDS**

Student participants will be eligible to write. To be eligible to receive a varsity letter the participant must meet the following criteria:

- There must be a time commitment roughly equivalent to other District activities of at least 100 hours during the season of participation and outside of the regular school day hours.

- There must be a “publicness” to the activity in the form of contests, performances, etc. -

The participation must be at an advanced as opposed to an entry level. - Must be under the same expectations of athletic teams.

- Any violation would immediately make them ineligible for any competition, same as MSHSL violation. Two weeks for first, three weeks for second, etc.

- Same letter jacket and letter will be used for all Pierz Healy High School activities. - Advisor will submit documentation that demonstrates that the criteria was met for lettering.

### ***School Absences and Practice Regulations.....***

#### **STUDENT ABSENCES FROM SCHOOL**

Students who participate in extracurricular activities at Pierz Healy High School are expected to be students first. Therefore, there is an expectation that students who wish to participate in activities need to be in school to do so. The building administration realizes that at times situations arise that dictate students missing class. Therefore, the following guidelines will be used:

- a. Students who miss class on the day of an activity due to an appointment must provide notification to the school prior to the event in order to participate in the activity.
- b. For students who are ill or are gone for personal reasons on the day of an activity, they must be in attendance for at least half of the day in order to participate.
- c. Students going on school-sponsored trips will be granted an excused absence.
- d. Other circumstances can be reviewed by the activities director to participate.

## **STUDENT SUSPENSION FROM SCHOOL**

A student receiving a disciplinary suspension from school (in school suspension) can practice; however, cannot compete, participate, or attend any extracurricular activities during the day(s) of the suspension. A student receiving an out of school suspension is not allowed to practice, compete, participate, or attend any extracurricular activities during the out of school suspension.

Students/participants who are going to be absent from school due to an activity are responsible for securing assignments and completing work. The coaches/advisors must submit a list of students/participants who will be in the activity to the office before the season. If students have to miss school time for an event it will be announced in the school bulletin. Students/participants may be kept “home” from activities by the principal or activities director if deemed necessary.

## **SUNDAY/WEDNESDAY EVENING PRACTICES**

Practices on Wednesday evening should be avoided if at all possible. The following should be the procedure when practicing on Wednesday evening and Sunday.

### **Wednesday Evenings:**

All practices are recommended to be completed and students out of the school building by 6:30 p.m. on Wednesday evenings. Prior arrangements must be made with the activities director to practice after 6:30 p.m. This includes travel teams that have 7-12 graders on them.

### **Sunday Practices:**

MSHSL bylaws prevent the scheduling of practices, games, meetings, scrimmages, or pictures on a Sunday for all League sponsored activities.

## **STUDENT CODE OF ETHICS AND RESPONSIBILITIES**

The member schools of the MSHSL believe that participation in interscholastic activities is a privilege, which is accompanied by responsibility.

1. I will respect the rights and beliefs of others and will treat others with courtesy and

consideration.

2. I will be fully responsible for my own actions and the consequences of my actions.
3. I will respect the property of others.
4. I will respect and obey the rules of my school and the laws of my community, state and country.
5. I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country.

## ***Parent/Coach Responsibilities and Grievance Procedure.....***

### **PARENT/COACH COMMUNICATION**

Parenting and coaching are both extremely difficult vocations. Mutual understanding and respect contributes to the acceptance of the action of both parties for the greater benefit of the student. As parents, you need to understand the expectations of specific programs. **YOU CAN EXPECT YOUR CHILD'S COACH TO COMMUNICATE:**

1. Philosophy
2. Expectations of your child as well as all squad members
3. Risk Management procedures
4. Student conduct responsibilities and consequences

As your child becomes involved in student activities, he/she will experience some very rewarding moments and have the opportunity to learn some of life's lessons. There may be times when your child and/or you may be disappointed. The COACH has the knowledge of and experience in the activity, but YOU know the child. At times a positive dialogue is beneficial. **COACHES EXPECT PARENTS TO COMMUNICATE:**

1. Concerns directly to them
2. Advance notification of conflicting schedules
3. Specific concerns regarding coaching philosophy or expectations
4. About treatment of the child, mentally or physically

5. About ways that a child can improve performance
6. Concerns about the child's behavior or attitude

Coaches are professionals who are involved in highly *competitive*, interscholastic activities. They are expected to make team decisions, based upon what they believe is best for all participants. Certain issues must be left to the discretion of the COACH. SOME TOPICS ARE NOT APPROPRIATE TO DISCUSS WITH THE COACH:

1. Team Strategy
2. Play Calling
3. Other Students

Hopefully, your child will feel free to communicate with his/her coach. Interaction between parent and coach is also encouraged. **IF A PARENT DESIRES A CONFERENCE WITH A COACH, THE FOLLOWING PROCEDURE SHOULD BE USED:**

1. Call the coach at school to arrange an appointment. If the coach is not at school, the coach should supply a phone number to parents and students where he/she can be reached.
2. If the coach is unavailable, please leave a message with the school secretary.
3. **PLEASE DO NOT CONFRONT A COACH BEFORE OR AFTER A CONTEST OR PRACTICE. THESE TIMES CAN BE EMOTIONAL FOR BOTH PARENTS AND COACHES. IN ADDITION, THESE SITUATIONS CAN BE DIFFICULT FOR STUDENTS TO OBSERVE AND UNDERSTAND. MEETINGS OF THIS NATURE DO NOT PROMOTE RESOLUTION. REMEMBER THE 24 HOUR RULE (wait 24 hours before confronting a coach or administrator).**

On occasion, a parent-coach meeting does not provide satisfactory resolution. If that is the case, then the parent is welcome to schedule a meeting with the activities director by calling 320-468-6458 ext. 1914. If a complaint concerning a coach is made, the activities director will attempt to bring the parent and coach together for the purpose of resolution.

### **PUBLIC AND STUDENT GRIEVANCE PROCEDURE**

The Board of Education recognizes the rights of individuals and groups to present constructive complaints and/or ideas concerning school personnel, the curriculum, instructional materials or concerning school services and school facilities.

In the interest of handling all complaints and/or ideas fairly, expeditiously and at the lowest level, the Board has established the following guidelines:

1. Whenever a complaint or idea is offered directly to the Board as a whole or to an individual board member, the individual or group involved will be advised to take their concern to the appropriate school staff member. This could be a coach, an advisor, the activities director, a principal or the superintendent. The superintendent should try to be, to all intents and purposes, the ultimate authority in the complaint/idea procedure. The superintendent should always immediately be made aware of any complaint/idea being offered. The superintendent should also refer the party to the appropriate level person.
2. The individual or group will be advised of the proper channeling of complaints and ideas, which is as follows:
  - a. Coach/Advisor
  - b. Activities Director
  - c. Superintendent
  - d. Board of Education

A complaint should not be taken to the coach during practice or after a contest. A 24-hour rule must be observed.

A complaint should be resolved within ten (10) working days of receipt if it must reach the superintendent level.

A complaint that cannot be resolved at an administrative level may be placed on the agenda for the next regular board meeting.

## ***Activities Travel Policies.....***

### **RIDING TO AND FROM SCHOOL ACTIVITIES**

1. Students are to ride to/home from a game or contest in school vehicles; under certain circumstances, with permission of the Activities Director and approval of the parent/guardian and coach/advisor, it would be possible to travel to or from a game or contest other than in a school vehicle. Students must ride home with their own parents, unless prior permission is granted from the activities director. Students will not be allowed to ride home with other teenage driver's even if parents approve, unless that driver is a sibling. Extenuating circumstances may be considered by administration.
2. Classroom conduct is to be observed by students while riding in the bus, except for ordinary conversation. No "horseplay" permitted.
3. Students must not at any time extend arms or head out of bus windows.

4. Students must not try to get off the bus or move about within the bus while it is in motion.
5. Students must observe instructions from the driver when leaving the bus.
6. Any damage to a bus by a student must be paid for by the student responsible for the damage.

***Sportsmanship Guidelines (codes of conduct).....***

**GO PIONEERS!!!!!!**

**CODES OF CONDUCT**

**Sportsmanship Guidelines**

**As adults, teachers, coaches, students, and parents we have the responsibility to ensure that the lessons learned from participation in sports are positive ones. Through competition, young people should be taught the values of trustworthiness, respect, responsibility, fairness, caring and citizenship- not selfish or win at all costs attitudes toward competition.**

**Our school hopes that coaches, teachers, students, and parents will use the following sportsmanship codes of conduct pages to improve the character of student athletes, fans and programs.**

**Teacher-Coach's Code**

- **Enthusiastically support and practice Pursuing Victory with Honor.**
- **Win and lose graciously.**

- **Winning is only part of youth sports. Be sure your players enjoy the experience.**
- **Generously praise your athletes when they deserve it.**
- **Set a good example. Young people need a teacher-coach they can respect.**
- **Be reasonable in your demands on young athletes' time, energy and performance on the playing field.**
- **Teach your players to honor the rules of the game at all times.**
- **Foster respect among your athletes for the judgment of referees and opposing teacher-coaches, and for the ability of opponents.**
- **Let a physician determine when an injured child is ready to play again.**
- **Stay informed about sound coaching principles and the physical, mental, and emotional development of young people.**
- **Enlist parents to help instill proper attitudes in your players.**
- **Routinely check your equipment and facilities. They should meet safety standards and be appropriate for the age and ability of your players.**

#### **Player's Code**

- **Play by the rules and Pursue Victory With Honor.**
- **Remember, the goals of the game are to have fun, improve skills and feel good.**
- **Don't play just to please your parents or teacher-coach.**
- **Win and lose graciously.**
- **Treat all other athletes as you would like to be treated.**
- **Cheer good plays by either team.**

- **Play the game with your best effort.**
  - **Don't be a showoff or a me-first player. Work as hard for your team as you do for yourself.**
  - **Cooperate with your teacher-coaches, teammates, opponents and the officials.**
  - **Don't argue with officials or complain about calls.**
  - **Control your temper. Never retaliate when you feel wronged.**
- Parent/Guardian's Code**

- **Remember, young people play for their own enjoyment, not yours. ●**

**Don't force an unwilling high school student onto the field or court. ●**

**Applaud good plays by opposing players as well as your own. ● Set a**

**good example. Young people learn best by imitation.**

- **Teach your child always to play by the rules.**
- **Show your child that hard work and an all-out effort can matter more than victory.**
- **Help your child improve skills and sportsmanship in every game. Your child will then be a winner, even in defeat.**
- **Never ridicule or yell at your child for making a mistake or losing a game. ●**

**Support all efforts to remove verbal and physical abuse from high school sports. ●**

**Do not publicly question a referee's judgment or integrity.**

- **Recognize the value of volunteer teacher-coaches, referees and officials and give them clear signs of respect.**

### **Eight Steps of Decency**

#### **Toward Officials**

Officiating is tough work. It demands deep knowledge of the game, keen eyesight, and quick sound decision making. But the toughest part of the job is enduring abuse from fans, teacher-coaches and players. As a result, fewer and fewer people are entering the profession. Here are eight steps to help foster respect for the officials and create a better game climate overall:

1. Greet officials personally. Do what you can to make them feel comfortable. 2. Introduce officials to the players and staff and, through the P.A. system, to fans. Add biographical details –such as “Bill Davis has 13 years of officiating experience and was recognized a League Referee of the Year in 2001” – to humanize them for fans. 3. Cooperate with officials throughout the game.
4. Avoid confrontations. During a game, only request information. Never argue or become emotional with officials. Never let your players see you complain about missed calls or blame an official for a loss.
5. Be appreciative and pleasant after the game. Thank officials and make sure they have easy access to their lockers.
6. If you are unhappy about an official's performance, **wait two or three days to cool off,** then see if your league has an evaluation form to fill out.
7. Know the rules as well as the officials do.
8. Attend meetings of local and state officials where they discuss the rules and how to interpret them. You'll see the game from their perspective.

*Inspired by “Respecting the Ref,” by Keith Mano, Athletic Management, Aug./Sept. 2002, p.26.*

***Hall of Fame***.....

## **Pierz Healy High School District Hall of Fame**

**Mission:** The purpose of the Pierz School District Hall of Fame shall be to recognize those men and women and community members who have made outstanding contributions to the Pierz School District.

**Eligibility:** Any person who has been involved in Pierz School District is eligible for consideration. This includes, but is not limited to players, coaches, managers, advisors, administrators, teachers, media, fans, or any other person who has had direct involvement in the promotion of, or of the running of an activity/academic event.

**Election:** Placement of elected members will take place every three years. A committee consisting of the activities director, coaches, former coaches, and community members will select the candidates.

**Nominate:** To nominate a candidate please contact the activities director.

Thanks for supporting our schools and making Pierz a strong Community!!!

David Rocheleau

Pierz Activities Director